

Sighted Guide

Location:

Activities will take place at one of the Vision Norfolk hubs in Great Yarmouth, Kings Lynn or Norwich or at local activity centres.

The role:

Vision Norfolk runs numerous sports and leisure activities all over Norfolk. Our aim is to provide enjoyable sports and leisure activities for people living with sight loss.

You will undergo training and learn to safely guide someone with sight loss, navigating environments and building self-confidence whilst increasing social interaction with those who may not otherwise be able to leave their home.

Some visually impaired clients require 1:1 support for group outings. As a volunteer, you will be paired accordingly to help guide and support the client throughout the day and remain safe. This role does not involve any personal care. If a client requires help with personal care, they will have a paid support worker who will attend with them.

Responsibilities:

Volunteers are occasionally asked to take part in activities to encourage the clients to join in, although this is not a requirement, unless stated by the Activities Coordinator at the time of organising the event.

- To contact the Activities Coordinator as soon as possible, if unable to fulfil your commitment so that replacement cover can be arranged
- Maintain strict confidentiality at all times
- Adhere to the Vision Norfolk volunteer policies and procedures
- To be courteous as you will be acting as a representative of Vision Norfolk

Required skills:

We are looking for volunteers who are friendly, patient, kind and have strong communication skills.

Volunteering benefits:

Becoming a volunteer gives you the chance to help a variety of people from all walks of life and is an opportunity to make a difference and support your local community. Vision Norfolk also offers:

- Visual Awareness Training
- Regular, ongoing advice and support
- Payment of out of pocket expenses agreed in advance

Contact details:

If you would like to discuss the opportunities we have at Vision Norfolk, please contact the Volunteer Engagement Coordinators:

Edward Bates (Great Yarmouth) 01603 972604

Penny Parker (King's Lynn) 01553 407004

Email: volunteers@visionnorfolk.org.uk