

Welcome to
this new edition of
Magpie News.
We hope you will enjoy
reading all about our
recent and upcoming
activities and
events.



Welcome to this new edition of Magpie News. We hope you will enjoy reading about our work and look forward to booking you in for some of the activities and events listed here. We would also like to announce that from the 1st April there will be no charge for our regular activities and events, although big one-off events such as theatre visits and sailing will be levied at cost. This is part of our drive to increase our reach and make our services accessible to all.

STAFF UPDATES



**Image shows
a head shot
of Catherine**

Catherine Bond joined the Great Yarmouth Hub as the new Volunteers and Activities Co-ordinator in January 2023. Catherine has a background in care.

Alongside her volunteer and activities role,

Catherine will be helping the team at the Great Yarmouth hub reach out to more vision impaired people in the east of the county along with co-ordinating a wide range of varied activities in the town.

The team in Yarmouth are delighted that Catherine has joined the team at the Hub. Volunteers play a central part in delivering the wide range of services we offer to vision impaired people in the county, and having a dedicated

volunteers co-ordinator will help to recruit more people, and to ensure that their work is as rewarding for the volunteers themselves as it is vital to the charity.



**Image shows
a head shot
of Abigail**

We are delighted to announce our new member of the ECLO team. **Abigail Roberts** has recently started as our new part time Eye Clinic Support Officer at the Cromer and District Hospital. Abigail will be supporting the staff and patients in

the eye department, she has extensive knowledge and experience working in a clinical setting and is settling into her role very well. If you have a query regarding any support or services that may be available in the Cromer area or just a friendly chat – then please visit Abigail in the eye department.



Image shows Josh Bartholomew, new CYPF Coordinator

Vision Norfolk is pleased to announce that we have appointed **Josh Bartholomew**, as the new Co-ordinator for its Children, Young People and Families (CYPF) service, which supports young people and their families living with sight loss. Josh says that his hope is to extend the reach of its CYPF services to more young people and their families' across all of the county.

Josh's background is in the education sector. He has spent four years as a Specialist Teaching Assistant in both mainstream and specialist schools. His role was to aid those children with more challenging behaviours and special educational needs. He then went on to complete a degree in Education from the University of East Anglia.

The Children, Young People and Families department organises a variety of activities and events to build skills, develop confidence and encourage peer support. By running events that include the entire family, these fun and exciting activities empowers families to bond through these shared experiences.



Image shows participants taking part in an archery workshop

Some of the activities we are running later this year:

- Gravity Trampoline Park
- Norwich Rage Room
- Bubble football

- Hippodrome Circus
- Amazing Animals Day

For more information please email CYPF@visionnorfolk.org.uk or call 01603 573000.

EQUIPMENT NEWS

Two fantastic new pieces of equipment are now available from Vision Norfolk. The Communiplayer (£38.95) and HD13 Radio (£69.95). Both are on display in all our centres, but they will be posted from Norwich and usually arrive within 2 to 3 days.

THE COMMUNIPLAYER



Image shows the RNIB Communiplayer - A memory stick talking book player.

Dance like no one is watching! Catch up on your favourite podcast.

Lose yourself in a great audiobook. The RNIB Communiplayer is a small, portable USB player, capable of helping you do all these things. Designed to look and feel similar to the best-selling RNIB Communiclock, this USB memory stick player is easy to use and can be easily moved from room to room, or into your garden or your shed. The Communiplayer has black casing, a white underside and large, tactile white buttons which contrast with the casing. The player has built-in Bluetooth for remotely connecting to devices, such as smartphones and tablets, to play music, podcasts or audiobooks.

Bookmarking

Bookmarking is automatic when the player is paused or stopped. When the USB stick is removed and reinserted the player will automatically start playing at the point you left off. The player can bookmark up to 20 individual USB sticks. You cannot add multiple bookmarks to a USB stick and then skip forward and backwards through them.

Battery

The Communiplayer has a built-in rechargeable battery which lasts up to eight hours, and is supplied with a mini-USB to USB charger cable, which you can plug into a computer port or a mains USB charger plug (supplied).

THE HD13, RNIB DIGITAL RADIO

This simple radio has tactile buttons and an easy-to-read display to help people with low vision use its main features. It has an extra-large display with high-contrast characters, a message feature that can be used for reminders, and is compatible with USB sticks from RNIB's Talking Book service.

The radio has been certified "future-ready with FM, DAB and DAB+" by Digital Radio UK, so you can purchase with confidence.

If you decide to stop playing a Talking Book or audio file and unplug your USB



Image shows the HD13 radio

stick, the radio will automatically place a bookmark on the USB stick to remember the last played position so that you can resume play from there when ready.

- Easy-to-see DAB+/FM radio.
- High-contrast, tactile buttons, which give audible confirmation when pressed.
- Large, easy-to-read LCD display with high contrast.
- DAB+ and FM RDS wavebands.
- Certified with the Digital Radio Tick Mark.
- Supports DAISY formats on USB stick.
- Can set up to six radio stations (three DAB+ and three FM) as favourites.
- Message feature allows you to record reminders.
- Voice prompts help with set-up of the main features and tuning.

ACTIVITIES AND EVENTS

EAST AND NORTHEAST NORFOLK

Unless otherwise stated, please contact Edward for more information on 01493 745973 or via email at greatyarmouthhub@visionnorfolk.org.uk

Yoga: On Thursday afternoons 1-2pm, we have our weekly armchair yoga sessions. Come and de-stress with Hazel, our teacher who will talk you through all the poses.

Basket Weaving: On Fridays 10-12pm, we have our basket weaving sessions. Come and join us for a coffee and a chat, plus learn how to make baskets and other crafty items.

Games Mornings – Great Yarmouth Hub

Why not pop along to one of our games mornings in our Great Yarmouth hub? We usually play a variety of dominoes and card games. The sessions take place every Thursday from 10am until 12pm at the Great Yarmouth Hub, 12 Hall Quay, Great Yarmouth NR30 1HP. It is free to attend.

Coffee Mornings

Cromer: These will be taking place on the last Wednesday of the month from Wednesday 29th March from 10am until 1pm. They are hosted at Merchants Place, 16 Church Street, Cromer NR27 9ES. The group will be meeting on a Wednesday (instead of Thursday) from March 2023.

Great Yarmouth: Every Wednesday, between 10 and 12, we have our coffee morning at the Great Yarmouth Hub. We are sometimes joined by outside speakers to talk about a variety of things from E-scooters, to keeping well during the winter, we welcome them all. When we don't have speakers, people can enjoy a coffee and a chat.

Other ad-hoc trips:

We are always looking at putting on new things as well. During the year, we hope to organise a variety of different trips.

On Friday 17 March from 10-12, come and try our new free style art and craft activity. This is your choice to come in and make whatever you like; just let us know so we can get the materials. If this works out well, we hope to organise future sessions, so keep a look out in future editions.

On Friday 24 March from 10-1pm, we are taking a group bowling at the Wellington Pier in Yarmouth. We will need a £5

refundable deposit for this.

On Tuesday 28 March, we hope to take a group to Norwich cathedral for a tour.

Future trips

We are hoping to organise trips on the Bure Valley railway, we hope in April. Look for more details nearer the time.

We are also looking forward to organising a trip to the Lavender Farm in Heecham, again, dates and times are yet to be confirmed.

If you are in the Yarmouth area, and have ideas about trips as to where we could go, please let us know. We always like hearing what you have to say and we will try and see what we can plan.

Book Clubs: Please contact Mark at mark.smith@visionnorfolk.org.uk or via phone at 01603 573000 Ext. 341.

Cromer: The Cromer Audio Book Club will be relaunching on Monday 20th February 2023. Please come along if you're interested. This takes place on the third Monday of each month at Cromer Library, Prince of Wales Road, Cromer NR27 9HS 2:00pm – 3:30pm

Great Yarmouth: Takes place on the last Friday of each month at Great Yarmouth Central Library, Tolhouse Street, Great Yarmouth NR30 2SH 1:30pm – 3:00pm.

WEST NORFOLK ACTIVITIES

For all activities, unless otherwise stated, please contact Zoe at 01553 660808, or via email at zoe.tinkler@visionnorfolk.org.uk.

Knitting: Whether you are a complete beginner who would like to take up knitting or a seasoned knitter, our knitting sessions in King's Lynn are a fun and sociable way of getting together with

fellow yarn fans. Vision Norfolk staff and volunteers are on hand to teach you the basics, or to help you rediscover your knitting confidence if it's been a while since you picked up the needles. Needles and wool are provided or you can bring your own. The sessions take place on the second Tuesday of each month from 1:30pm until 3:30pm at the King's Lynn Hub, Unit 3 Dundee Court, Hamburg Way, King's Lynn PE30 2ND. Tea, coffee and cake are provided.

Hempton Knit and Natter: The sessions take place on the last Thursday of each month from 2pm until 4pm at Hempton Village Hall, The Grn, Hempton, Fakenham NR21 7LG. Sessions cost £2.50 per person.

Darts: New in 2023! Come and enjoy your choice of darts or shuffleboard with plenty of assistance (and competition) available as needed. The sessions take place on the fourth Tuesday of the month from 12pm until 1pm at the Masonic Centre, Hamburg Way, North Lynn Industrial Estate, King's Lynn PE30 2ND.

Coffee Mornings

The Downham Market Social takes place on the fourth Wednesday of every month from 11am to 1pm at the Downham and Clackclose Conservative Club, Eagle House, Bridge Street, Downham Market PE38 9DH.

King's Lynn: The West Norfolk Coffee Mornings take place on the first Wednesday and the third Tuesday of each month from 10am until 12pm at the King's Lynn Hub at Unit 3 Dundee Court, Hamburg Way, King's Lynn PE30 2ND.

The West Norfolk Men's Group meets on the first Monday of every month from

12pm to 2pm at the King's Lynn Hub at Unit 3 Dundee Court, Hamburg Way, King's Lynn, PE30 2ND.

Fakenham: Coffee mornings take place on the fourth Tuesday of each month from 10am until 12pm at Nelson Cafe, Langham Glass, Greenway Lane, Fakenham NR21 8ET. The cafe offers us a generous rate of 50p for tea or coffee and £2.50 for a slice of cake.

Emneth

The Emneth Social takes place on the third Thursday of every month from 2pm until 4pm at the Sweet Things Savoury Cafe, 33 Gawltree Square, Emneth PE14 8DA. The session is free but you will need to pay for your own refreshments from the cafe.

Archery Sessions

Sight loss doesn't need to prevent you from trying new and exciting things. Join one of our archery sessions designed to be accessible for all abilities (and skill levels). Instruction and guidance will be available. Sessions take place at 1st Monday of the month 4pm-6pm at Salvation Army Hall, 71 Bridge St, Downham Market PE38 9DW. These sessions are free of charge.

Upcoming Sessions:

- 6th March, 4pm-6pm
- 3rd April, 4pm-6pm
- 1st May, 4pm-6pm

Arts and Crafts

A new art group is starting in King's Lynn! The first session is on Friday 28th April from 1pm until 2pm at the King's Lynn Hub, Unit 3 Dundee Court, Hamburg Way, King's Lynn PE30 2ND. Following sessions will be on the last Friday of each month.

The Vision Norfolk Choir

You are invited to join the Vision Norfolk Choir starting in 2023! Improve your mental wellbeing, learn new things, meet new people, enjoy being creative and most importantly have fun! No previous singing experience necessary. Sessions will be taking place fortnightly on Wednesdays 1pm until 3pm at The Workshop, 38 New Conduit Street, Vancouver Quarter, Kings Lynn PE30 1DL.

Upcoming Sessions:

- 1st March, 1pm-3pm
- 15th March, 1pm-3pm
- 29th March 1pm-3pm

Book Clubs contact Mark at mark.smith@visionnorfolk.org.uk or via phone at 01603 573000 Ext. 341.

Gaywood: Takes place on the first Thursday of each month at Gaywood Library, River Lane, Gaywood PE30 4HD, 2.00pm – 3.30pm

Dereham: Takes place on the third Wednesday of each month at Dereham Library, 59 High Street, Dereham NR19 1DZ, 10:30am – 12:00pm

Fakenham: Takes place on the third Monday of each month at Fakenham Library, 22 Oak Street, Fakenham NR21 9DY 10:30am – 12.00pm

Shuffleboard

New in 2023! Come and enjoy your choice of darts or shuffleboard with plenty of assistance (and competition) available as needed. The sessions take place on the fourth Tuesday of the month from 12pm until 1pm at the Masonic Centre, Hamburg Way, North Lynn Industrial Estate, King's Lynn PE30 2ND.

Sit Fit

A seated exercise class suitable for all adults regardless of age, gender or ability. This dynamic class will have your legs and arms moving and is fully adaptable to all abilities. If you have an underlying health condition, are returning from ill health, struggle with mobility or want a starting point in your fitness journey this class is for you. Lead by the fabulous instructor Frances Rayner.

Sessions are the third Friday of each month from 1:30pm until 3:30pm at the Salvation Army Hall in Downham Market, 71 Bridge St, Downham Market PE38 9DW. These sessions are free to attend.

Upcoming Sessions:

- 17th March, 1:30pm-3:30pm
- 21st April. 1:30pm-3:30pm

NORWICH AND SOUTH NORFOLK ACTIVITIES

Unless otherwise stated - To find out more please contact Richard at 01603 573000 Ext. 322 or via email at richard.polley@visionnorfolk.org.uk.

Boccia

Join us for the competitive precision ball sport Boccia. Boccia was originally designed to be played by people with severe disabilities affecting motor skills and has been a Paralympic sport since 1984. Our boccia sessions are open to all abilities and levels of experience. Assisted positioning and tester balls are available for those that would like them. Sessions take place on the first and third Friday of each month from 10am until 12pm at the Bradbury Activity Centre, Beckham Place, Edward Street, Norwich, NR3 3DZ.

Ten Pin Bowling

Our bowling sessions are the 2nd and 4th Friday of the month at Namco Funscape, Barnard Rd, Norwich NR5 9JB. You can either meet us there at 1pm or take the bus from the Bradbury Activity Centre at 12:15pm (Beckham Place, Edward Street, Norwich, NR3 3DZ). Regular bowling fee to be paid to Namco includes free guide ticket.

Braille Classes

Join our Braille class taught by one of our volunteers. The classes are small, usually on a one-to-one or one-to-two basis. You don't have to be blind to learn how to read and write Braille, just enthusiastic. Classes run on Thursdays in the Bradbury Activity Centre, Beckhem Place, Edward Street, Norwich NR3 3DZ. We currently have spaces in both our morning and afternoon sessions. The classes are free to attend.

Coffee Mornings

Norwich: Coffee Mornings take place on the last Monday of each month from 10am until 11:30am at the Bradbury Activity Centre, Beckham Place, Edward Street, Norwich NR3 3DZ. They are free to attend but a small donation to cover refreshments would be appreciated.

Hethersett: These will be taking place on the 3rd Tuesday of every month at the Queens Head, Norwich Road, Hethersett.

For both the above (Hethersett and Cromer) please contact John for more information at 01603 573000 Ext. 323 or via email at john.morland@visionnorfolk.org.uk.

Creative Writing Group

Norwich: Have you got something to say? Have you ever felt the urge to write?

Come and join others with the same interests and work together to reveal your inner voice. Here at Vision Norfolk we run a creative writing group that will give you the opportunity to express yourself through the written word. The group meets on the third Tuesday of each month from 2pm to 3.45pm, at the Norwich Hub at The Bradbury Activity Centre, Beckham Place, Edward Street, Norwich, NR3 3DZ. To find out more, or to book your place, please contact Mark at 01603 573000 Ext. 341 or via email at mark.smith@visionnorfolk.org.uk.

- 21st March, 2pm-4pm
- 18th April, 2pm-4pm

Darts

Norwich: Join us for a few friendly games of darts. We normally play in pairs. Volunteers are around to help you position or read the numbers on the board if needed. The sessions take place on the first and third Friday of the month from 1pm until 3pm at the Bradbury Activity Centre, Beckham Place, Edward Street, Norwich NR3 3DZ. The sessions are free but a small donation to cover refreshments would be appreciated

Effstopeyes Photography Group

Our photography group has been busy recently with visits out in our minibus to Little Walsingham and a couple of Norwich churches, which have also included some excellent light lunches in local cafes. Members have been busy planning more photo shoots around the county and new members would be especially welcome, with help, advice and support from 5 volunteers, who can assist you whilst out on location and also help to review photographs back in the Norwich Bradbury Activity Centre.

Meetings are held on a Friday on the following dates with 2 meetings each month (except April). Friday 21st April, 5th and 19th May, 2nd and 17th June, 7th and 21st July and 4th and 18th August. For further information please phone Mark or Helen on 01603 573000 ext 341 or email mark.smith@visionnorfolk.org.uk.

Yoga

Come stretch and relax with yoga in Norwich. Sessions are designed to be accessible to all abilities and levels of experience. Seated yoga sessions take place every Tuesday with a session from 1pm until 2pm and a session from 2:15pm until 3:15pm at the Bradbury Activity Centre, Beckham Place, Edward Street, Norwich NR3 3DZ.

Short Mat Bowls

Come and enjoy some friendly competition with the traditional British game short mat bowls. We play inside our the Bradbury Activity Centre. There are volunteers around to aid. Sessions take place every Tuesday from 10am until 12pm at the Bradbury Activity Centre, Beckham Place, Edward Street, Norwich NR3 3DZ. They are free to attend but a small donation to cover refreshments would be appreciated.

Tandem Cycling

Tandem cycling allows you to continue to enjoy a good (and safe) bike ride regardless of your vision loss. A sighted guide sits at the front to steer and describe. Due to the nature of the activity, sessions are by appointment only.

Book Clubs: Please contact Mark at mark.smith@visionnorfolk.org.uk or via phone at 01603 573000 Ext. 341.

Diss

Takes place on the fourth Friday of each month at Diss Library, Church Street, Diss IP22 4DD, 2:00pm – 3:00pm

Norwich

Takes place on the second Monday of each month at the Bradbury Activity Centre, Beckham Place, Edward Street, Norwich NR3 3DZ, 1:30pm – 3:00pm

COUNTYWIDE LEISURE EVENTS

For all events please contact Mark or Helen on 01603 573000 ext 341, mark.smith@visionnorfolk.org.uk

Please do remember that a separate mailing list is also available for the countywide leisure activities, and if you would like your postal address or email address to be added please contact us.

Norwich Castle Museum Visit

The last voyage of Gloucester: Norfolk's Royal shipwreck, 1682

Wednesday 26th April: 2.15 – 3.15 with refreshments after.

On 6 May 1682, a warship carrying the future King of England and Scotland ran aground in heavy seas off the coast of Great Yarmouth. Within an hour the vessel sank, causing many lives to be lost, and for over 300 years, the wreck and its contents lay buried on the seabed.

Summer Sailing Dates 2023

Our ever popular sailing group will soon be back in the water and the Nancy Oldfield trust based at Neatishead, will be offering fortnightly sailing sessions during the summer months. Our minibus leaves our Norwich Bradbury Activity Centre at 12.30pm and returns approximately 5pm. Cost is £17 for sailing, payment to Nancy Oldfield Trust

and there is no charge for the minibus. Please note all the following dates are a Thursday.

20th April

4th and 18th May

1st, 15th and 29th June

13th and 27th July

10th and 24th August

7th and 21st September

5th and 19th October

Please note that places are limited and must be pre-booked. Contact Mark for places on the sailing.

Audio book Library

We've had quite a large donation of audio books on CD and would be pleased to supply a list of the titles for loan. There are a number of well-known authors and the books are on standard CD, and we can post books out. We can also supply FREE OF CHARGE one of the RNIB Communiplayer devices mentioned above for those using our Talking Books Service or taking part in our Book Clubs. Just contact Mark.

GardenEyes: Gardening Workshop

We are pleased to announce that following funding from the Norfolk Community Foundation, we have now booked a gardening workshop in conjunction with Thrive. This specialist charity provides horticultural therapy projects and can offer practical techniques, hints and tips on how to carry on gardening following sight loss.

A workshop has been booked in our Norwich Bradbury Activity Centre, for Monday 22nd May from 10.30am until approximately 3.30pm. We may be able to assist with transport as due to funding restraints we are only able to

offer this workshop in one venue. The full details of the programme have yet to be finalised, and we are keen to hear from gardeners with sight loss on what gardening related activities you would like to learn about. i.e. Container gardening, taking cuttings, potting up or potting on, identifying which is a weed or a plant and how to manage various tasks in your garden. Spaces are limited for this free workshop.

Easter Flower Arranging Session

Wednesday 5th April, 2- 4pm, an Easter flower arranging session will take place in the Norwich Bradbury Activity Centre, and there is no set charge, but donations welcome please. To book by 27th March please phone Mark or Helen on 01603 573000 extension 341 or email mark.smith@visionnorfolk.org.uk

GardenEyes Countywide trips out

The following 3 gardens have been confirmed for the summer months, and please phone Mark or Helen if you would like to book a space.

We start our first visit out to Gayton Hall Gardens, in West Norfolk on Wednesday 19th April, with a tour and afternoon walk of the spring planting by garden owner Cici Romney. Both our Norwich and West Norfolk minibuses will be available and exact timings will be announced nearer the date. Soup and sandwiches and soft drinks will be available for lunch at a cost of £12.00. There is no set charge for the garden entrance or minibus but donations are welcome.

On Wednesday afternoon 7th June we will be visiting Holme Hale Hall near Swaffham, the home of Simon Brook. A wonderful walled kitchen garden,

situated right next to the main house, has been re-purposed to mix vegetable and fruit production with huge borders and lawns; becoming the main garden for the property. Old walled gardens always give you an amazing backdrop which forms a secret space which can become a magical world. On the outside we can keep a sense of simplicity, scale and connection to the parkland or countryside, whilst on the inside we have the chance to create a garden of much greater intensity.

On the afternoon of Wednesday July 19th, we will be visiting Dunbheagan Gardens near Dereham, the home of Jean and John Walton. Jean writes, "We look forward to welcoming you all to our garden here at Dunbheagan this summer. We started the garden from scratch after we moved here in 2006 and it has been a labour of love since then. I just love plants and you'll find unusual ones jostling for space amongst the more recognisable, planted to encourage bees, hoverflies and butterflies. We hope it's a delight to the senses. A riot of colour in summer it's full of perfume mainly from the roses and lavender but from others as well. Lots of grass, gravel and bark paths meander through and round the beds and borders. There are lots of seats to sit and relax. We do hope you enjoy your visit."

Audio described Theatre Performances for 2023 at the Theatre Royal Norwich

Group bookings have been made for the following audio described performances at the Theatre royal in Norwich. The Theatre also offer a free "essential companions" ticket and tickets are now on sale for the following shows:-

Saturday 13th May, 2.30 The Beekeeper of Aleppo

Nuri is a beekeeper; his wife, afar, an artist. They live a simple life, rich in family and friends, in the beautiful Syrian city of Aleppo – until the unthinkable happens. When all they care for is destroyed by war, they are forced to escape. On their terrifying journey, they must face the pain of their own unbearable loss alongside incredible danger. Above all, they must journey to find each other again. Tickets cost £39.50.

Saturday 10th June, 2pm Julius Caesar

A divisive leader who holds awesome power. Concerned that Caesar poses a threat to democracy, revolutionaries take the violent decision to murder him. They have no plan for what comes next. As the world spins out of control, chaos, horror and superstition rush in to fill the void. Civil war erupts and a new leader must rise: but at what cost? The Royal Shakespeare Company returns to Norwich with a fast-paced political thriller. Tickets are £39.50 with payment by Friday 14th April.

Saturday 5th August Annie

Set in 1930s New York during The Great Depression, brave young Annie is forced to live a life of misery at Miss Hannigan's orphanage. Her luck soon changes when she's chosen to spend a fairytale Christmas with famous billionaire, Oliver Warbucks. Meanwhile, spiteful Miss Hannigan has other ideas and hatches a plan to spoil Annie's search for her true family. Tickets priced at £55 with payment by 9th June.

FOR SALE

**MERLIN ULTRA HD
24" INCH SCREEN, 2 YEARS OLD,
£850**

Collect from Wymondham
01953 606465 Stuart



**For further information on how we
can support you
and how you can get involved:**

**visionnorfolk.org.uk
01603 573000
office@visionnorfolk.org.uk**

Our hubs can be found at:

**Norwich
Bradbury Activity Centre
Beckham Place Norwich NR3 3DZ
01603 573000
office@visionnorfolk.org.uk**

**King's Lynn
Unit 3 Dundee Court Hamburg Way
King's Lynn PE30 2ND
01553 660808
kingslynnhub@visionnorfolk.org.uk**

**Great Yarmouth
12 Hall Quay Great Yarmouth NR30
1HP
01493 745973
greatyarmouthhub@visionnorfolk.org.uk**

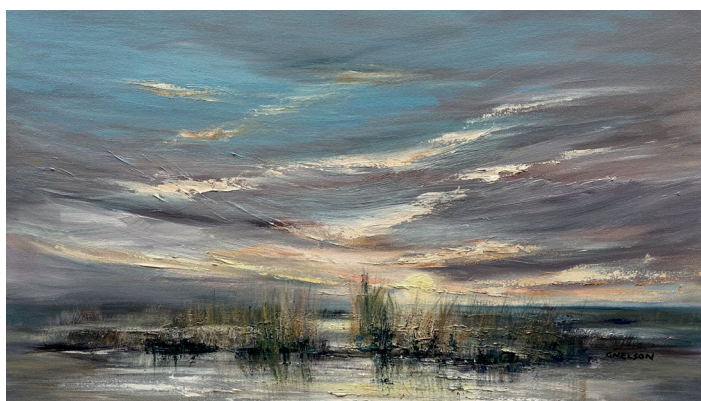
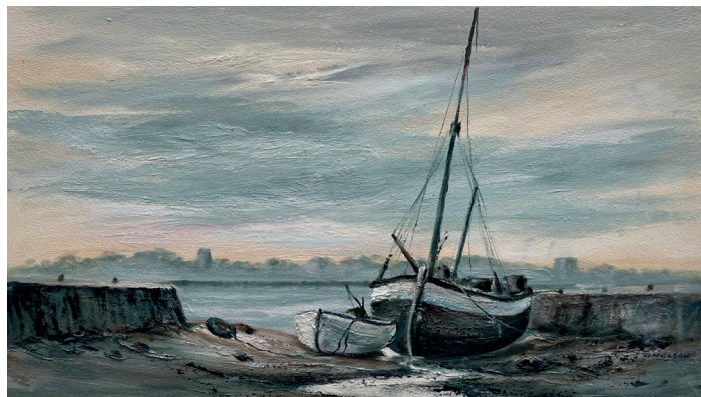
Registered charity no. 207060

LOCAL ARTIST SELLING WORK TO RAISE FUNDS FOR VISION NORFOLK

These works and others by Norfolk artist Gerry Nelson are for sale with 80% donated to Vision Norfolk. The inspiration for this is partly due to the memory of his deaf/blind mother being thrilled to receive a £10 present from the charity sometime around the 1950's.

These are original works using, mainly, Winsor and Newton quality materials, and from, mostly, his own sketches or photographs. They will be hanging in our Norwich hub throughout the holiday season.

If you are interested in finding out more please contact Gerry at 01508 520109 or via email at gerrynelson@tiscali.co.uk.



INFORMATION FOCUS DAY Professional Vision Services & Dolphin

In conjunction with Vision Norfolk

13th June

at 12 Hall Quay, Great Yarmouth, Norfolk , NR30 1HP
10 till 2 PVS only

14th June

at Unit 3, Dundee Court, Hamburg Way, Kings Lynn, PE30 2ND
10 till 2 with PVS and Dolphin

15th June

at The Bradbury Centre, Beckham Place, Edward Street , Norwich NR3 3DZ
10 till 2 with PVS and Dolphin



Come along to our low vision drop-in day, where we will be demonstrating all the latest technology and equipment for the visually impaired.